

Announcement

Mohawk Valley Classic and Mohawk Valley Learn to Skate Competition



*Hosted by
The SKATING CLUB of NEW HARTFORD*

Saturday, January 11th, 2020

**NEW HARTFORD RECREATION CENTER
4 Mill Street
NEW HARTFORD, NEW YORK**

Website: <http://www.scnh.org>

United States Figure Skating Association - 28924
Sanctioned by Skate Canada - PENDING

This competition is non-qualifying and is open to any amateur skater who is a member in good standing with US Figure Skating or Skate Canada. US Figure Skating rules will apply throughout the competition.



Entry Deadline: December 16, 2019

Enter on Entryeeze through www.scnh.org



Mohawk Valley Classic



Saturday, January 11, 2020

**NEW HARTFORD RECREATION
CENTER NEW HARTFORD, NEW YORK**

The Mohawk Valley Classic, hosted by the Skating Club of New Hartford is an annual, non-qualifying competition which offers a variety of singles and group events, including Learn to Skate USA Basic Skills and Adult categories in many disciplines.

The Mohawk Valley Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website, **EXCEPT AS MODIFIED BY THIS ANNOUNCEMENT**. Please read element charts and eligibility requirements carefully. This competition is sanctioned by US Figure Skating and Skate Canada.

ELIGIBILITY: This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are a currently registered member of U.S. Figure Skating or Skate Canada. Please refer to the current rulebook for non-U.S. citizen requirements.

TEST LEVEL: Competition level eligibility is the highest test (USFS or Skate Canada) passed as of the entry deadline (December 16, 2019) in the discipline the skater is entering. Entrants may skate at any level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age Restrictions Event Requirements: All age restrictions are age as of close of entries. Skaters entering Open Juvenile free skate events must meet USFS age requirements at the close of entries (girls: at least 13 years of age, boys at least 14 years of age). Skaters entering Beginner–Pre-Juvenile events and Adult events will be divided as closely as possible by age should the number of entries warrant more than one group.

For all events where permitted by US Figure Skating, if there are insufficient entries to hold separate contested events, male and female skaters will compete against one another in a combined event.

ENTRIES: Entries must be **filled out completely on Entryeeze** no later than **December 16, 2019**.

There will be NO deadline extension.

The entry fees are:	\$60.00 for the first event
	\$30.00 second event
	\$15.00 each additional event
	\$45.00 per small group showcase event
	\$45.00 per Team Compulsory Moves event
	\$30.00 for Compete USA Basic Skills / Badge Freeskate Compulsory
	Elements events
	\$25.00 LATE FEE
	\$20 NON Electronic Entry

The competition committee reserves the right to limit the size of each event, to cancel any event with fewer than two entrants (with refund of entry fee), and to combine or divide groups as necessary. Before canceling an event, the committee may ask skaters to skate up a level or skate an exhibition with judge's critique if they are the only competitor in a given level. A skater electing to exhibit will forfeit return of their fee for that event.

REFUND POLICY: Entry fees will not be refunded after December 16, 2019 unless no competition exists or the event is canceled. (Rule 3058) **There will be no refunds for medical withdrawals.**

FACILITIES: The competition will be held at The New Hartford Recreation Center, 4 Mill Street, New Hartford, NY, 13413. The rink is 85 ft x 185 ft with rounded ends. Snack bar and locker rooms will be available.

MUSIC: NEW THIS YEAR – *Competitors are required to upload their music on Entryeeze when submitting their application.* Only one piece of competition music (e.g., Free Skate, Showcase) per file is allowed. The uploaded file must be **in MP3 file format**; simply changing the file extension to “mp3” from another file format is NOT acceptable. All competitors and/or coaches should also bring copies of all competition music on CD to the event. No CD-RW discs will be accepted. The music for Solo Dance events will be supplied by the competition committee.

The Deadline for online MUSIC submission is Monday, December 30, 2019 at 11:59pm.

LIABILITY: U.S. Figure Skating, Skating Club of New Hartford, and New Hartford Recreation Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

The **6.0 Majority Judging System** will be used for ALL events:

- All Excel Events
- All Adult events
- All Compete USA Skills and Program Events
- All Compulsory Moves, Jumps, Spins, MIF to Music and Showcase Events

REGISTRATION: Registration will begin on January 11, 2020 at 7:00 am and will be open throughout the competition. The registration table will be located at the main rink entrance. Please register promptly upon arrival.

CANADIAN EQUIVALENTS: In all events, the following Skate Canada level equivalents apply. The following chart is supplied for your convenience. If there are questions on the appropriate level of a Canadian skater, the question will be decided by the Referee and the Competition Committee:

FREESTYLE	
USFS	Skate Canada
Beginner	CAN Skate A & B
Badge	CAN Skate A & B
Pre-Preliminary	CAN Skate C
Preliminary	No Test Preliminary
Pre-Juvenile	Preliminary
Juvenile	No equivalent
Intermediate	Junior Bronze
Novice	Senior Bronze
Junior	Novice (Junior Silver)
Senior	Junior (Senior Silver)
	Senior (Gold)

PRACTICE ICE: Available practice ice will be determined after the close of entries. A schedule of event times and practice ice times will be posted on our web-site at least one week prior to competition. ***Practice ice - if available - will be sold at the rink on a first-come, first-serve basis only.*** Sessions will cost \$15.

PHOTOGRAPHY: A professional photographer will be on site. Details about pricing and packages will be made available by the vendors on the day of the competition. For the safety of our skaters, NO FLASH PHOTOGRAPHY is allowed during any of the events.

AWARDS: Medals will be awarded to the first THREE placements in each event at the announced times during the competition. Ribbons will be awarded to the fourth and fifth place finishers. Results will be posted.

OFFICIAL NOTICES: An official bulletin board will be maintained at the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES: The Mohawk Valley Classic is a USFS sanctioned event; therefore, in order to be granted access to work within U.S. Figure Skating sanctioned activities, coaches must meet the following requirements: (Rule 1311)

Any coach being credentialed for a U.S. Figure Skating competition, either qualifying or non-qualifying must:

- Be a current full member of U.S. Figure Skating.
- If 18 years of age or older, successfully pass an annual background check. (green light status)
- Complete the SafeSport* training course and any additional CER courses as required in rule GR 4.02.
- Submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate

Coaching Compete USA athletes:

- Hold Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Complete SafeSport Training course* (for coaches 18 years old and over)
- Successfully pass an annual background check (green light status) (for coaches 18 years old and over)
- Complete Learn to Skate USA Instructor Certification (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons. The LOC will have a list of compliant coaches who are approved to receive a credential at the competition.

Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy. If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing. For more information regarding Coach Compliance, please visit: <http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

CONTACT INFO:

If you have questions, please contact one of the Competition Chairs:

Kim LaFave at (315)725-8126; prosk8kim@aol.com (technical/entry questions)

or

Shelley Athari at (315)335-1373; sathari@athariassociates.com

ADDITIONAL INFORMATION: The official hotel of the competition is the Hampton Inn Suites – New Hartford, 201 Woods Park Drive, Clinton, NY 13323, Phone (315) 793-1600. When making your reservation, mention being a skater at the Mohawk Valley Classic competition and receive a special rate of \$109/night. This rate includes breakfast; the block of reservations will be held until at least **December 20, 2019**. A reservation link is also available at www.scnh.org.

NOTE:

Skaters must be at the rink – and READY TO SKATE - at least one hour before their scheduled event time. This is a non-qualifying competition and events may run ahead or behind schedule

SINGLES FREE SKATING EVENTS

Skaters may enter only one Freestyle event during the same non-qualifying competition (Well Balanced, Excel or LTS Basic Program with Music). Participation in all non-free-skating events will be based on test level not free-skate event choice. For any free skate event, skaters may compete only at their test level, or one level higher. See current rulebook (2019/20) for rules and requirements.

WELL BALANCED FREE SKATE

Programs will be judged according to the well-balanced program descriptions as shown in the current (2019 - 2020) US Figure Skating Rulebook. Vocal music is permitted at all levels.

The 6.0 Judging System will be utilized for No-Test through Pre- Juvenile, Open Juvenile and all Adult free skate events;

Skaters may skate at their test level OR one level higher.

LEVEL	Qualifications / Elements	Program Length
No Test	Must not have passed USFS Pre-Preliminary FS test. No Axel or double jumps permitted; Max 5 jump elements, up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); max 2 spins of a different character (may fly, may change foot and position);min. 3 revolutions; one ½ surface step sequence.	1:40 maximum time -no penalty for shorter music
Pre- Preliminary	Skaters who have not passed the USFS Preliminary Free Skating Test Max 5 jump elements, up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); single Axels allowed (max. 2), may be repeated as sequence or combination; number of single jumps is not limited (provided max jump elements is not exceeded); no double or triple jumps; 2 spins of a different character (may fly, may change foot and position);min. 3 revolutions; one ½ surface step sequence	1:40 maximum time -no penalty for shorter music
Preliminary	Skaters who have not passed the USFS Pre-Juvenile Free Skating Test Max 5 jump elements, one must be an Axel/waltz-type jump; up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); Single Axels and up to two different double jumps may be repeated in a sequence or combination; only double salchow, double toe-loop, double loop); number of single jumps is not limited (provided max jump elements is not exceeded); max 2 spins of a different character (may fly, may change foot and position);min. 3 revolutions; one ½ surface step sequence.	1:30 +/- 10 seconds
Pre-Juvenile	Skaters who have not passed the USFS Juvenile Free Skating Test Max 5 jump elements, one must be an Axel/waltz-type jump; all single and double jumps allowed (no double Axel); up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); Axels and up to 3 different double jumps may be repeated in a sequence or combination; (no triple or quadruple jumps); max 2 spins; one spin combination without change of foot, 1 spin with only 1 position (min 4 revs; 6 revs for combination (both may fly); one step sequence utilizing the full ice surface	2:00 +/- 10 seconds
Open Juvenile (Girls: age 13 and up Boys: age 14 and up)	Skaters who have not passed the USFS Intermediate Free Skating Test Max 5 jump elements, one must be an Axel-type jump; up to 2 jump combinations or sequences (3 jump combo limited to max 2 double/1single); up to 3 different double jumps may be repeated in a sequence or combination; all single and double jumps allowed (no triple or quadruple jumps); max 2 spins; one spin combination w/without change of foot (min 8 revs), 1 spin with only 1 position, no change of foot (min 5 revs), both spins may fly; one choreographic step sequence utilizing the full ice surface	2:30 +/- 10 seconds
Adult Pre-Bronze	Skaters may be 21 years old or older and have not passed any standard USFS FS or moves test, OR not passed the Adult Bronze FS test (no Axels or double jumps)	Not to exceed 1:40
Adult Bronze	Must be 21 years old or older and not have passed the Adult Silver FS test (no Axels or double jumps permitted)	Not to exceed 1:50
Adult Silver	Must be 21 years old or older and not have passed the Adult Gold FS test (Axel permitted; no double jumps permitted)	Not to exceed 2:10
Adult Gold	Must be 21 years old or older and have passed the Adult Gold FS	Not to exceed 2:40
Adult Masters	Must be 21 years old or older and have passed the Standard Intermediate FS test, the Adult Gold FS test or the 3 rd figure test before 10/1/77	Not to exceed 3:40

EXCEL FREE SKATE

General event parameters:

- Skaters may not enter more than one Free Skate event at the same non-qualifying competition. (Well-Balanced, Excel, LTS Basic Program with Music)
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

Events at this competition are NOT part of the Excel Series. All Excel events will be run as 6.0 events. Events will be run in accordance with the Excel Technical Handbook on the Excel Program webpage.

LEVEL	Elements		
Excel Beginner Max Time: 1:40 (no penalty for shorter music) May not have passed higher than Learn to Skate USA Free Skate 2 <u>LTS USA or full U.S. Figure Skating membership permitted</u>	Maximum 4 jump elements: <ul style="list-style-type: none"> Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps: Salchow, toe loop only Eulers (half loops) are not allowed. Maximum 2 jump combinations or sequences. <ul style="list-style-type: none"> One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump Maximum 2 of any same jump 	Maximum 2 spins: <ul style="list-style-type: none"> Two upright spins No change of foot No flying entry Minimum 3 revolutions 	Maximum 1 Sequence*: <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Excel High Beginner Max Time: 1:40 (no penalty for shorter music) Must not have passed higher than Learn to Skate USA Free Skate 4 <u>LTS USA or full U.S. Figure Skating membership permitted</u>	Maximum 5 jump elements: <ul style="list-style-type: none"> Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps: toe loop, Salchow, Euler (half-loop), loop Flip, Lutz, & Axel NOT permitted Maximum 2 jump combinations or sequences. <ul style="list-style-type: none"> One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump Maximum 2 of any same jump 	Maximum 2 spins: <ul style="list-style-type: none"> Both spins must be in a single position <u>No change of foot permitted</u> No flying entry Permitted forward spins: upright, sit, camel Permitted back spins: upright Minimum 3 revolutions 	Maximum 1 Sequence*: <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Excel Pre-Preliminary Max Time: 1:40 (no penalty for shorter music) Must not have passed higher than U.S. Figure Skating Pre-preliminary free skate test <u>LTS USA or full U.S. Figure Skating membership permitted</u>	Maximum 5 jump elements: <ul style="list-style-type: none"> All single jumps allowed, except for the Axel <ul style="list-style-type: none"> No single Axels, double, or higher jumps allowed Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump 	Maximum 2 spins: <ul style="list-style-type: none"> One spin must be in a single position <u>with no change of foot*</u> One spin may change feet and/or position <u>but not both</u> No flying entry Minimum 3 revolutions <p>Spins must be of a different character</p>	Maximum 1 Sequence*: <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence

**Denotes required element*

<p>Excel Preliminary Time: 1:30 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating preliminary free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> All single jumps allowed, except for the Axel <ul style="list-style-type: none"> No single Axels, double, or higher jumps allowed Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> <u>One spin must be a camel or layback spin with no change of foot or position*</u> One spin may change feet and/or position No flying entry Minimum 3 revolutions <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence*:</p> <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
<p>Excel Preliminary Plus Time: 1:30 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating Preliminary free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> All single jumps allowed, including the Single Axel <ul style="list-style-type: none"> No double, or higher jumps allowed Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by an Axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> One spin must be in a single position* <ul style="list-style-type: none"> <u>No change of foot</u> <u>No flying entry</u> One spin may change feet and/or position No flying entry Minimum 3 revolutions <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence*:</p> <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
<p>Excel Pre-Juvenile Time:2:00 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating Pre-juvenile free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> All single jumps allowed, except for the Axel <ul style="list-style-type: none"> No single Axels, double, or higher jumps allowed Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence any listed jump immediately followed by a waltz jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> Minimum 6 revolutions No flying entry 1 spin with only 1 position* <ul style="list-style-type: none"> No change of foot No flying entry Minimum 4 revolutions <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence*:</p> <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must fully utilize the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the choreographic step sequence

**Denotes required element*

Excel Pre-Juvenile Plus Time: 2:00 +/- 10 Must not have passed higher than U.S. Figure Skating pre-juvenile free skate test Full U.S. Figure Skating membership required	Maximum 5 jump elements: <ul style="list-style-type: none"> 1 must be an Axel-type jump or a waltz jump* All single jumps allowed, including the Single Axel. Only 1 double jump may be attempted (limited to double Salchow or double Toe loop) <ul style="list-style-type: none"> Double loop, double flip, double Lutz, double Axel and higher jumps not allowed. Axel plus up to 1 allowable double jump may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> Jump combination limited to 2 jumps. One 3 jump combination is allowed Jump sequence is any listed jump immediately followed by an Axel type jump. 	Maximum 2 spins: <ul style="list-style-type: none"> 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> Minimum 6 revolutions No flying entry 1 spin with only 1 position* <ul style="list-style-type: none"> No change of foot Spin may start with flying entry Minimum 4 revolutions <p>Spins must be of a different character</p>	Maximum 1 Sequence* <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must fully utilize the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the choreographic step sequence
Excel Juvenile Time: 2:30 +/-10 Must not have passed higher than U.S. Figure Skating Juvenile free skate test Full U.S. Figure Skating membership required	Maximum 5 jump elements: <ul style="list-style-type: none"> All single jumps allowed, including the Single Axel. <ul style="list-style-type: none"> No double or higher jumps allowed Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by an Axel type jump 	Maximum 2 spins: <ul style="list-style-type: none"> 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> Minimum 6 revolutions Minimum 2 revolutions in each position 1 spin with only 1 position* <ul style="list-style-type: none"> No change of foot Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	Maximum 1 Sequence* <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must fully utilize the ice surface
Excel Juvenile Plus Time: 2:30 +/- 10 Must not have passed higher than U.S. Figure Skating Juvenile free skate test Full U.S. Figure Skating membership required	Maximum 5 jump elements: <ul style="list-style-type: none"> 1 must be an Axel-type jump* All single jumps, including the Single Axel are allowed Only 2 different double jump may be attempted (limited to double Salchow or double toe loop) <ul style="list-style-type: none"> Double loop, double flip, double Lutz, double Axel and higher jumps not allowed No double jump may be included more than twice, and if repeated, at least one attempt must be part of a combination or sequence Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> Jump combination limited to 2 jumps. One 3 jump combination is allowed Jump sequence is any listed jump immediately followed by an Axel type jump. 	Maximum 2 spins: <ul style="list-style-type: none"> 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> Minimum 6 revolutions Minimum 2 revolutions in each position 1 spin with only 1 position* <ul style="list-style-type: none"> No change of foot Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	Maximum 1 Sequence* <ul style="list-style-type: none"> Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> Must fully utilize the ice surface

**Denotes required element*

<p>Excel Intermediate Time:3:00 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating intermediate free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 6 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps, including the single Axel, are allowed • Only two different double jumps may be attempted (limited to double Salchow and double toe loop) <ul style="list-style-type: none"> • Double loop, double flip, double Lutz, double Axel and higher jumps not allowed • Single Axel and only 1 double jump may be repeated once (but not more) and if repeated must be part of a jump sequence or jump combination • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3 jump combination is permitted. • Jump sequence is any listed jump immediately followed by an Axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 6 revolutions • Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> • No change of foot • Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface
<p>Excel Intermediate Plus Time:3:00 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating intermediate free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 6 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps allowed, including the Single Axel. • <u>Only 3 double jumps may be attempted (limited to double Salchow, double toe loop, double loop and double flip)</u> <ul style="list-style-type: none"> • Double Lutz, double Axel and higher jumps not allowed • <u>Only 2 different double jumps may be repeated once (but not more), and if repeated, must be part of a jump sequence or jump combination</u> • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3 jump combination is permitted • Jump sequence is any listed jump immediately followed by an Axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 6 revolutions • Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> • No change of foot • Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface
<p>Excel Novice Time- <u>Ladies and Men:</u> 3:30 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating novice free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps, including the single Axel, allowed. • Double Salchow, double toe loop, double loop, double flip allowed <ul style="list-style-type: none"> • Double Lutz, double Axel and higher jumps not allowed • <u>No double jump may be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence</u> • There is no limit to the number of single jumps that can be repeated, but no allowable double jump can be included more than twice • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3 jump combination with a maximum of 3 jumps is allowed • Jump sequence is any listed jump immediately followed by an Axel type jump. 	<p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 8 revolutions • Minimum 2 revolutions in each position • 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> • Minimum 6 revolutions • 3rd spin is option of skater <p>All spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • <u>One leveled step sequence*</u> • <u>Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level</u> • <u>Must fully utilize the ice surface</u>

**Denotes required element*

<p>Excel Junior</p> <p>Time - Ladies and Men: 3:30 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating junior free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single and double jumps allowed, except the double Axel. <ul style="list-style-type: none"> • Double Axel and higher jumps not allowed • No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by an Axel type jump. 	<p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 10 revolutions • All 3 basic positions with minimum 2 revolutions in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> • Minimum 6 revolutions • 1 spin with only one position* <ul style="list-style-type: none"> • Minimum 6 revolutions <p>All spins may change feet and start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • <u>One leveled step sequence*</u> <ul style="list-style-type: none"> • <u>Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level</u> • <u>Must fully utilize the ice surface</u>
<p>Excel Senior</p> <p>Time: Ladies and Men : 4:00 +/-10</p> <p>Must have passed at least the U.S. Figure Skating junior free skate test</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single and double jumps allowed, including the double Axel. <ul style="list-style-type: none"> • Triple and higher jumps not allowed • No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by an Axel type jump. 	<p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 10 revs • All 3 basic positions with minimum 2 revs in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> • Minimum 6 revolutions • 1 spin with only one position* <ul style="list-style-type: none"> • Minimum 6 revolutions <p>All spins may change feet and start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 2 Sequences:</p> <ul style="list-style-type: none"> • One leveled step sequence* Max level 2. <ul style="list-style-type: none"> • Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level • Must fully utilize the ice surface • One Choreographic Sequence* (ChSq) <ul style="list-style-type: none"> • Must be clearly visible

**Denotes required element*

SINGLES COMPULSORY MOVES

Skaters may enter only one singles compulsory moves / elements event (Singles, LTS Basic Skills Elements or Basic Freeskate Compulsory Elements). Participation is based on test level, not free-skate choice. Test qualifications are the same as for the free skating event. Skaters will be grouped by age when possible. This event will be skated in the form of a free skating program, but **WITHOUT** music. Mandatory deductions will be taken for any **UNSPECIFIED** or **ADDITIONAL** elements. Connecting steps are allowed, but should be limited to the minimum necessary to link the various moves.

FAILED MANEUVERS ARE NOT PERMITTED TO BE RESKATED. Programs are limited to ½ ice surface unless otherwise noted. There is no penalty for programs shorter than the maximum time. Deductions will be taken for programs which are longer than the maximum permitted time.

Skaters may compete at their test level OR at any higher level of their choice

LEVEL	TIME	ELEMENTS – May be skated in ANY order
Beginner (Passed no higher than the LTS Basic Skills Badge 6 test level)	1:15 max	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. One-foot upright spin- minimum 3 revolutions (free leg position optional) 4. Choreographic step sequence
High Beginner (Passed no higher than the LTS Badge Free skate 3 test level)	1:15 max	<ol style="list-style-type: none"> 1. Loop jump 2. Salchow / toe loop jump combination 3. Sit spin- minimum 3 revolutions 4. Choreographic step sequence
No-Test (Not passed the pre-preliminary FS test)	1:15 max	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or an Axel) 3. Upright spin with a change of foot – minimum 3 revolutions on each foot 4. Choreographic step sequence
Pre-Preliminary	1:00 max	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination: single/single (no Axel) 3. Spin with one change of position and NO change of foot – minimum 6 revolutions total 4. Choreographic step sequence)
Preliminary	1:00 max	<ol style="list-style-type: none"> 1. Axel jump 2. Jump combination: single/single (may include an Axel) 3. Spin with one change of foot AND one change of position – minimum 3 rotations on each foot 4. Choreographic step sequence
Pre-Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Axel OR any double or single rotation jump 2. Any single/single jump combination (may include an Axel) 3. Layback spin <u>or</u> camel spin – minimum of 3 revolutions 4. Step sequence- must include rotating in both directions
Juvenile / Open Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Double Salchow OR double Toe loop OR Single Axel 2. Jump combination – any single/single or double/single 3. Layback spin <u>or</u> camel spin – minimum 4 revolutions 4. Step sequence- must include 3 difficult turns AND rotating in both directions
Intermediate	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double Salchow OR double Toe-loop OR double loop jump 2. Jump combination: single/single OR double/single OR double/double 3. Any flying spin – minimum 5 revolutions 4. Step sequence – must include 4 difficult turns AND rotations in both directions
Novice	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double loop jump OR double flip 2. Jump combination: double/single OR double/double 3. Any flying spin – minimum 6 revolutions 4. Step sequence –must include 5 difficult turns AND rotations in both directions
Open (Open to any skater regardless of test level)	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double Flip <u>OR</u> Double Lutz jump 2. Jump combination with any double/double OR double/triple 3. Combination spin- minimum 10 revolutions including all 3 basic positions, minimum 5 rotations on each foot 4. Full ice step sequence – straight line

Compete USA Snowplow Sam – Basic 6 Basic Elements Event

Event Format: Each skater will perform all of the required elements in the order listed below; each skater will perform each element when directed by a judge.

- ☐ **Skaters may skate at their test level OR up one level.**
- ☐ *To be skated on 1/3 to 1/2 ice*
- ☐ *No music*
- ☐ **All elements must be skated in the order listed**
- ☐ *Time: 1:00 or less*
- ☐ *Skaters will be divided by age within levels if registrations warrant.*

Skaters may compete at their highest test level OR one level higher

<u>Snowplow Sam / CANSKATE Stage 1</u> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<u>Basic 4 / CANSKATE Stage 5</u> <ol style="list-style-type: none"> 1. Forward outside edge on a circle, clockwise <u>or</u> counter clockwise 2. Forward crossovers 4-6 consecutive both directions 3. Backward ½ swizzle pumps on a circle either direction 4. Backward one foot glides, right <u>and</u> left 5. Beginning Two foot spin-up 2-4 revolutions
<u>Basic 1 / CANSKATE Stage 2</u> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Beginning snowplow stop on two-feet or one foot 4. Backward wiggles 6-8 in a row 	<u>Basic 5 / CANSKATE Stage 6</u> <ol style="list-style-type: none"> 1. Backward outside edge on a circle, clockwise <u>or</u> counterclockwise 2. Backward crossovers 4-6 consecutive - both direction 3. Forward outside three turns - right <u>and</u> left 4. Advanced two foot spin 4-6 revolutions 5. Hockey stop
<u>Basic 2 / CANSKATE Stage 3</u> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Scooter pushes, 2-3 on both right <u>and</u> left foot 3. Moving snowplow stop 4. Two foot turn in place - forward to backward 5. Backward two foot swizzles, 6 - 8 in a row 	<u>Basic 6:</u> <ol style="list-style-type: none"> 1. Forward inside three-turns - right <u>and</u> left 2. Bunny Hop 3. Forward spiral on a straight line - right <u>or</u> left (no variations) 4. Beginning one foot spin, 2-4 revolutions 5. T-stop – right <u>or</u> left
<u>Basic 3 / CANSKATE Stage 4</u> <ol style="list-style-type: none"> 1. Beginning forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise, 4-6 consecutive pumps 3. Forward slalom 4. Moving forward to backward two foot turns on a circle clockwise <u>and</u> counter clockwise 5. Backward one foot glide - either foot (focus on balance) 	

Compete USA Snowplow Sam – Basic 6 Program
with Music

Event Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- ☐ *To be skated on **full** ice*
- ☐ *The skater may use elements from a previous level.*
- ☐ *Skaters will skate to the music of their choice. Vocal music is permitted at all levels.*
- ☐ *A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.*

Skaters may compete at their highest test level OR one level higher

LEVEL	TIME	SKATING RULES/STANDARDS
Snowplow Sam	1:10 max	<ol style="list-style-type: none"> 1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles, 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles, 2-6 in a row
Basic 1	1:10 max	<ol style="list-style-type: none"> 1. Forward two-foot glide and dip 2. Forward two-foot swizzles, 6-8 in a row 3. Beginning snowplow stop on two-feet or one-foot 4. Backward wiggles, 6-8 in a row
Basic 2	1:10 max	<ol style="list-style-type: none"> 1. Forward one-foot glide, either foot 2. Scooter pushes, right foot and left foot, 2-3 each foot 3. Moving snowplow stop 4. Two-foot turn in place, forward to backward 5. Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max	<ol style="list-style-type: none"> 1. Beginning forward stroking showing correct use of blade 2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive 3. Forward slalom 4. Beginning backward one-foot glide, either foot 5. Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max	<ol style="list-style-type: none"> 1. Backward one-foot glides, right and left 2. Forward outside edge on a circle, clockwise or counter clockwise 3. Forward crossovers, 4-6 consecutive, both directions 4. Beginning two-foot spin, maximum 2-4 revolutions 5. Backward 1/2 swizzle pumps on a circle, one direction only
Basic 5	1:10 max	<ol style="list-style-type: none"> 1. Backward outside edge on a circle, clockwise or counterclockwise 2. Backward crossovers, 4-6 consecutive, both directions 3. Advanced two-foot spin, maximum 4-6 revolutions 4. Forward outside three-turn, right and left 5. Hockey stop
Basic 6	1:10 max	<ol style="list-style-type: none"> 1. Forward inside three-turn, right and left 2. Bunny Hop 3. Forward spiral on a straight line, right or left 4. Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry 5. T-stop, right or left

Compete USA Pre-Freeskate to Freeskate 3

Compulsory Elements Event

*Format: Each skater will present, in simple program form – but without music, the elements listed below. The skater should use a limited number of connecting steps; the skating order of the required elements is optional. **Skaters may skate at their test level OR up one level.***

- *To be skated on ½ ice*
- ☐ *No music is allowed*
- ☐ *The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed, but will not be judged elements.*
- ☐ ***A.2 deduction will be taken for each element performed from a higher level***
- ☐ *Allowed time: 1:15 or less*

Skaters may compete at their highest test level OR one level higher

Pre-Freeskate Compulsory Elements

1. Forward inside open Mohawk right to left and left to right from standstill position
2. Two forward crossovers into a Forward inside open Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise
3. Basic one foot upright spin, optional entry and free foot - minimum 3 revolution
4. Mazurka
5. Waltz jump

Free skate 1 Compulsory Elements

1. Forward power stroking, 4-6 consecutive strokes
2. Backward outside three-turns, right and left
3. One foot upright spin, entry from backward crossovers, with free foot in crossed leg position - minimum 4 revolutions
4. Toe Loop
5. Half flip jump

Free skate 2 Compulsory Elements

1. Alternating forward outside spiral (right and left) and forward inside spirals (right and left) on a continuous axis
2. Backward inside three-turns, right and left
3. Beginning back spin - entry optional - minimum 2 revolutions
4. ½ Lutz jump
5. Salchow jump

Free skate 3 Compulsory Elements

1. Alternating Mohawk/crossover step sequence - right to left and left to right
2. Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise
3. Advanced Back spin - with free foot in crossed leg position – minimum 3 revolutions
4. Loop jump
5. Waltz jump/toe loop or Salchow/toe loop jump combination

Compete USA- Pre-Free Skate – Free Skate 3 Program With Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- *To be skated on full ice.*
- *The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.*
- ***A 0.2 deduction will be taken for each element performed from a higher level.***
- *Skaters will skate to the music of their choice. Vocal music is permitted at all levels. All times are 1:40 max.*

Skaters may compete at their highest test level OR one level higher

LEVEL	TIME	SKATING RULES/STANDARDS
Pre- Free Skate	1:40 max	<ol style="list-style-type: none">1. Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise2. One-foot upright spin, optional entry and free-foot position (minimum 3 revolutions)3. Mazurka – right or left4. Waltz jump <p>NOT ALLOWED: waltz jump / side toe hop / waltz jump series</p>
Free Skate 1	1:40 max	<ol style="list-style-type: none">1. Forward stroking, 4-6 powerful consecutive strokes2. Upright spin, entry from backward crossovers - minimum 4 revolutions3. Toe loop jump4. Half flip jump <p>NOT ALLOWED: Waltz jump / toe loop combination</p>
Free Skate 2	1:40 max	<ol style="list-style-type: none">1. Alternating forward outside and inside spirals – right and left - on a continuous axis2. Beginning back spin, up to two revolutions3. Half Lutz4. Salchow jump <p>NOT ALLOWED: waltz jump / toe loop combination and Salchow / toe loop combination</p>
Free Skate 3	1:40 max	<ol style="list-style-type: none">1. Alternating Mohawk/crossover sequence, right to left and left to right2. Advanced back spin with free foot in crossed leg position, minimum 3 revolutions3. Loop jump4. Waltz jump-toe loop or Salchow-toe loop jump combination <p>NOT ALLOWED: waltz jump / loop jump combination</p>

SINGLES COMPULSORY SPINS

*This event will be skated in the form of a free skating program, but WITHOUT music; the required elements may be skated in any order. Mandatory deductions will be taken for any UNSPECIFIED OR ADDITIONAL elements or a program longer than maximum time. Connecting steps are allowed, but such steps should be limited to the minimum necessary to link the various moves. **FAILED MANEUVERS ARE NOT PERMITTED TO BE RESKATED.** All programs are limited to ½ ice and have a maximum time of 1:30. Minimum qualifications are the same as for the free skating events, except as noted. (Minimum revolutions are shown in parentheses)*

Skaters may skate at either their Freestyle test level OR at a higher level of their choice.

LEVEL	ELEMENTS
Beginner / High Beginner (Not passed ANY Pre-preliminary tests: MIF, FS, any Dance)	<ol style="list-style-type: none"> 1. Upright 1 foot spin (3) 2. Upright back spin (3) 3. Sit spin in recognizable sit position (3)
No-Test (Not passed the Pre-preliminary FS test)	<ol style="list-style-type: none"> 1. Upright 1 foot spin with change of foot (3 revolutions on each foot) 2. Sit spin (3) 3. Camel spin (3)
Pre-Preliminary	<ol style="list-style-type: none"> 1. Spin with one change of position and NO change of foot (6) 2. Forward sit spin (3) 3. Camel spin (4)
Preliminary	<ol style="list-style-type: none"> 1. Spin with 1 change of foot and 1 change of position* (3 revolutions on each foot) 2. Combination Sit spin with change of foot (3 revolutions each foot) 3. Any one position spin (4)
Pre-Juvenile	<ol style="list-style-type: none"> 1. Backward entry Camel spin (4) 2. Combination spin with all 3 basic positions (minimum 2 revolutions in each position) (change of foot not required) 3. Forward to backward scratch spin (3 per foot)
Juvenile/Open Juvenile	<ol style="list-style-type: none"> 1. Sit spin (4) 2. Combination spin with change of foot AND all 3 basic positions (2 revolutions per position, 4 revolutions per foot) 3. Girls: Layback spin (4); Boys: Camel spin (4)
Intermediate	<ol style="list-style-type: none"> 1. Flying camel spin – basic camel position required (5) 2. Forward sit spin to backward sit spin – basic sit position required (4 per foot) 3. Combination spin- change of foot AND all 3 basic positions required (2 revolutions per position; 6 revolutions per foot)
Novice	<ol style="list-style-type: none"> 1. Illusion to back scratch spin; may change feet (6) 2. Camel spin to backward camel spin (4 revolutions per foot, in position) 3. Combination spin - change of foot AND all 3 basic positions (2 revolutions per position and 5 revolutions per foot)
Open (Open to any skater regardless of test level)	<ol style="list-style-type: none"> 1. Flying spin of choice (8) 2. Solo spin of choice – entry may not fly (8) 3. Combination spin - with change of foot, utilizing all 3 basic positions (entry may fly; 2 revolutions per position; 6 revolutions per foot)

- There are 3 basic spin positions: Upright, Sit, and Camel. Any variation of these positions is still considered the same position (i.e., a broken leg spin is still a sit position. A Camel – Sit – Broken leg spin has only one change of position).

SINGLES JUMP CHALLENGE

Each jump listed must be skated in the order shown. Skaters may attempt each jump twice – the best attempt will be marked. Beginner through Juvenile events will be skated on ½ ice; Intermediate – Open events will be skated on full ice. Minimum qualifications are the same as for the free skating events, except as noted. Deductions will be taken for skaters exceeding the maximum time.

Skaters may compete at either their Freestyle test level OR at a higher level of their choice

LEVEL	TIME	ELEMENTS
Beginner (Passed no higher than the LTS Basic Skills Badge 6 test level)	1:15 max	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. ½ flip or ½ lutz jump 3. Single Salchow jump
High Beginner (Passed no higher than the Badge Free skate 3 test level)	1:15 max	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow jump 3. Jump combination- waltz jump / toe loop jump
No-Test (Not passed the Pre-preliminary FS test)	1:15 max	<ol style="list-style-type: none"> 1. Single Toe-loop jump 2. Single Loop jump 3. Jump combination- any two ½ or single revolution jumps (no Axel)
Pre-Preliminary	1:15 max	<ol style="list-style-type: none"> 1. Single Toe-loop jump 2. Single Flip jump 3. Jump combination - any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max	<ol style="list-style-type: none"> 1. Single Flip jump 2. Single Lutz jump 3. Jump combination: any 2 single jumps, one must be a loop jump (may include an Axel)
Pre-Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Any Single OR Double jump (may not include an Axel) 3. Jump combination: single/single (may include an Axel)
Juvenile/Open Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow OR double Toe Loop 3. Jump combination: any single/single OR double/single (may include an Axel)
Intermediate	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Single Axel 2. Double Toe Loop OR Double Loop 3. Jump combination: double/single or double/double (may not include an Axel)
Novice	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double Loop 2. Double Flip 3. Jump combination: any double/double (may include a double Axel)
Open (Open to any skater regardless of test level)	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Choice of any double or triple jump 2. Double or triple flip 3. Jump combination: Single or double Axel in combination with any other double or triple jump

MEYDA Tiffany SOLO SHOWCASE

Skaters will present a performance which will be judged solely on theatrical and artistic qualities from an entertainment standpoint. Technical skating skill and difficulty are not specifically marked. However, skating must be the MAJOR element of the performance and of sufficient competence to support the components chosen. Vocal music is permitted.

Test qualifications for initial rounds of showcase are the same as for free skating events. Skaters may enter only one Solo Showcase category. Each level may include men or ladies. Judge panels for the initial round will be composed of USFSA judges. The Championship rounds may include USFS officials and/or interested individuals from the community. Skaters will be judged in the following areas:

1. Choreography – Arrangement of steps, jumps, spins, etc. as it pertains to the program concept
2. Music Interpretation – Expression of mood/theme of music, acting
3. Audience Appeal – Energy, Projection, Timing
4. Technical Merit – Style, flow, and confidence of performance as it relates to the music
5. Use of props and scenery
6. Overall Performance

Costumes receive no mark; however, they should be appropriate for the performance as they may improve or diminish the performance and thus have an effect on the overall marking. DO NOT use feathers, dangling beads, or other materials that may come off a costume during the performance.

Props should be small enough that the skater can bring them on/off the ice themselves (without assistance) in a single trip. The referee has the right to disallow any costume or prop as inappropriate.

Times listed are suggested performance times; there is no minimum time. If a performance exceeds the suggested time by more than 10 seconds, that portion in excess will not be marked and a time penalty will be assessed. Timing starts with the first motion of the body.

Each skater will receive one mark from each judge, using the 6.0 scale.

Please include a short title or description of your program on the registration form. Events will be divided by “dramatic/artistic” and “character/comedy” if registrations permit.

People’s Choice awards for Funniest, Most Artistic, and Best Costume will be awarded independently from technical marking – all competitors are considered for these awards.

Skaters finishing 1st and 2nd at each level will be invited to re-skate their program in a Championship round. First and second place finishers in the Championship round will be awarded Meyda Tiffany trophies. Medals and ribbons will be awarded for both initial and Championship rounds. Skaters in events with two or fewer competitors may be combined or may move directly to the Championship round.

First through fourth place finishers in the Solo Showcase events will qualify to receive an invitation to compete at the 2020 National Showcase Competition in Ft. Collins, CO, August 4-9, 2020.

CATEGORY	Qualifications	TIME
No Test *	Includes Basic Skills, Beginner and No Test competitors – Not passed Pre-Preliminary freestyle	1:30 max
Pre-preliminary *	Not passed Preliminary freestyle	1:30 max
Preliminary	Not passed Pre-Juvenile freestyle	1:40 max
Pre-Juvenile	Not passed Juvenile freestyle	1:40 max
Juvenile	Not passed Intermediate freestyle	2:10 max
Intermediate	Not passed Novice freestyle	2:10 max
Open	Novice, Junior, Senior levels - open to any skater regardless of test level	2:30 max
Open Adult**	Any skater over the age of 21; no Axels or double jumps permitted	1:40 max

*No Test and Pre-Preliminary skaters do not qualify for National Showcase

**Adult skaters will be separated by test level and / or age if there are sufficient entries

SMALL GROUP SHOWCASE

Skaters will present a performance which will be judged solely on theatrical and artistic qualities from an entertainment standpoint. Technical skating skill and difficulty are not specifically marked, however, skating must be the MAJOR element of the performance and of sufficient competence to support the components chosen. Vocal music is permitted.

The same general time, qualification, costume and technical rules will apply as Solo Showcase, except that skaters may perform with a small group (2 to max 5) of skaters. The group will compete at the highest freeskate test level of its member skaters. Groups may consist of any mix of male and female skaters.

Competitors in these events do not qualify to National Showcase. These events are NOT part of the Meyda Tiffany showcase event.

Skaters may enter only ONE group showcase event.

CATEGORY	Qualifications	Maximum TIME
No Test	Includes Learn to Skate; Beginner and No Test competitors – Not passed Pre-Preliminary freestyle	1:30 max
Preliminary	Includes Pre-preliminary and Preliminary skaters -Not passed Pre-Juvenile free-skate test	1:30 max.
Intermediate	Includes Pre-Juvenile, Juvenile and Intermediate skaters. Not passed Novice free-skating test	2:00 max
Open	Novice, Junior, Senior skaters - open to any skater regardless of test level	2:30 max

SOLO PATTERN DANCE

Competitors will skate the dance listed for two (2) patterns. Events will be separated by gender and age of skaters if there are sufficient entries to warrant it. Music will be provided by the host club.

Skaters may compete at their test level OR 1 (one) level higher.

Level	Test Requirements	Dance
No Test	Not completed ANY USFS dance tests	Dutch Waltz
Preliminary	Not passed any Pre-Bronze USFS dance tests	Canasta Tango
Pre-Bronze	Not passed any Bronze USFS dance tests	Cha Cha
Bronze	Not passed any Pre-Silver USFS dance tests	Hickory Hoedown
Pre-Silver	Not passed any Silver USFS dance tests	Fourteensstep
Silver	Not passed any Pre-Gold USFS dance tests	Silver Tango
Pre-Gold	Not passed any Gold USFS dance tests	Kilian
Gold	Open	Viennese Waltz
International / Open	Open	Argentine Tango

TEAM COMPULSORY MOVES

Qualifications are listed below, and are generally the same as for the free-skating events. Each team will compete at the highest freeskate test level of its individual members.

A skater may compete on multiple teams, but may not compete for more than one team per level.

Teams shall consist of 3-5 skaters and may include a mix of female and male skaters. Teams may include skaters from different clubs.

On each team, no skater may execute more than two of the individual moves. Skaters will have ONE attempt at an element.

The event will be judged on a team basis only. A single mark will be given to each team, using the 6.0 marking system.

For registration on Entryeeze, one team member will register and pay the team fee, but each team member must individually complete an electronic entry, even if they are competing in no other events.

CATEGORY	Qualifications	ELEMENTS
No Test	Includes Basic Skills, Beginner and No Test competitors – Not passed Pre-Preliminary freestyle	<ol style="list-style-type: none"> 1. Forward straight line spiral 2. Backward crossovers – both directions 3. 2 consecutive Bunny hops 4. Waltz jump 5. Upright 1 foot spin – any entry / exit
Preliminary	Includes Pre-preliminary and Preliminary skaters -Not passed Pre-Juvenile free-skate test	<ol style="list-style-type: none"> 1. Salchow jump 2. Toe-loop / loop jump combination 3. Spiral sequence with any 2 spirals 4. Scratch spin
Intermediate	Includes Pre-Juvenile, Juvenile and Intermediate skaters. Not passed Novice free-skating test	<ol style="list-style-type: none"> 1. Camel spin to forward or backward sit spin 2. Lutz jump in combination with toe-loop or loop jump 3. Axel 4. Eina bauer 5. Split jump
Open	Novice, Junior, Senior skaters - open to any skater regardless of test level	<ol style="list-style-type: none"> 1. Flying Camel spin 2. Axel – ½ loop – double salchow jump sequence 3. Combination spin with at least 2 changes of position and one change of foot 4. Step sequence concluding with any double jump 5. Serpentine spiral sequence

MOHAWK VALLEY CLASSIC – JANUARY 11, 2020

ENTRY FORM

Competitor's Name _____ Birthdate _____ Age _____
 Address _____
 Phone _____ e-mail _____ USFS# _____ Gender: M / F
 Home Club _____
 Highest Test Passed: Basic Skills _____ Freestyle _____ Moves _____ Dance _____

Well Balanced Free Skate	Excel Free Skate	Compete USA Program w/Music	Showcase	Solo Pattern Dance
<input type="checkbox"/> No Test	<input type="checkbox"/> Beginner	<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> No Test	<input type="checkbox"/> No Test
<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> High Beginner	<input type="checkbox"/> Badge 1	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Preliminary	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Badge 2	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Pre-Bronze
<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Badge 3	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Bronze
<input type="checkbox"/> Open Juvenile	<input type="checkbox"/> Preliminary Plus	<input type="checkbox"/> Badge 4	<input type="checkbox"/> Juvenile	<input type="checkbox"/> Pre-Silver
<input type="checkbox"/> Adult Pre-Bronze	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Badge 5	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Silver
<input type="checkbox"/> Adult Bronze	<input type="checkbox"/> Pre-Juvenile Plus	<input type="checkbox"/> Badge 6	<input type="checkbox"/> Open	<input type="checkbox"/> Pre-Gold
<input type="checkbox"/> Adult Silvers	<input type="checkbox"/> Juvenile	<input type="checkbox"/> Pre-Freeskate	<input type="checkbox"/> Open Adult	<input type="checkbox"/> Gold
<input type="checkbox"/> Adult Gold	<input type="checkbox"/> Juvenile Plus	<input type="checkbox"/> Badge Freeskate 1		<input type="checkbox"/> Open/International
<input type="checkbox"/> Adult Masters	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Badge Freeskate 2		
	<input type="checkbox"/> Intermediate Plus	<input type="checkbox"/> Badge Freeskate 3		
	<input type="checkbox"/> Novice		Solo Showcase Theme:	
	<input type="checkbox"/> Junior		_____	
	<input type="checkbox"/> Senior			
Compulsory Moves	Compulsory Spins	Jumps Challenge	OTHER FORMS	
<input type="checkbox"/> Beginner	<input type="checkbox"/> No Test	<input type="checkbox"/> Beginner		
<input type="checkbox"/> High Beginner	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> High Beginner		<input type="checkbox"/> Small Group Showcase
<input type="checkbox"/> No Test	<input type="checkbox"/> Preliminary	<input type="checkbox"/> No Test		
<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Pre-Preliminary		<input type="checkbox"/> Compete USA Elements
<input type="checkbox"/> Preliminary	<input type="checkbox"/> Juvenile/Open Juv	<input type="checkbox"/> Preliminary		
<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Pre-Juvenile		<input type="checkbox"/> Badge Freeskate Elements
<input type="checkbox"/> Juvenile/Open Juv	<input type="checkbox"/> Novice	<input type="checkbox"/> Juvenile/Open Juv		
<input type="checkbox"/> Intermediate	<input type="checkbox"/> Open	<input type="checkbox"/> Intermediate		<input type="checkbox"/> Team Compulsory Moves
<input type="checkbox"/> Novice		<input type="checkbox"/> Novice		
<input type="checkbox"/> Open		<input type="checkbox"/> Open		

Certificate of Eligibility: To the best of my knowledge, the above skater is an amateur, is eligible to enter the events indicated above, and is a member in good standing of this club.

Club Officer _____ Title _____ Date _____

Signature of Professional _____ USFS # _____ Date _____

Printed name of Professional _____ Professional's email _____

Waiver of Responsibility: Each competitor, family, and coach holds the Skating Club of New Hartford, any representatives of such, and US Figure Skating officials harmless from any and all liability for injuries and from any and all liability for damages or loss of property. Entries are accepted only on such conditions.

Signature of Skater _____ Date _____

Signature of Parent/guardian (if under 18) _____ Date _____

Entry Fees:

\$60 First event,
 \$30 Second event, \$15 Each additional event

Late Fee: after December 16, 2019, (if applicable)

Number of events:

First Event: \$ _____
 Additional Events: \$ _____
 LATE FEE: **\$25**
 Paper Entry: **\$20**

Late Entries accepted only at the discretion of the committee
 Entries through Entryeeze link at www.scnh.org

CLOSING DATE: DECEMBER 16, 2019

TOTAL: \$ _____

MOHAWK VALLEY CLASSIC – Team Entry Form
January 11, 2020

____ Small Group Showcase - \$45.00

or

____ Team Compulsory Moves - \$45.00

TEAM NAME / Level _____
HOME CLUB _____

Certificate of Eligibility: To the best of my knowledge, the following skaters are amateur, eligible to enter the event indicated above, and are members in good standing of their home club.

Club Officer _____ Title _____ Date _____

SKATERS

- 1) _____ FS test level _____ USFS # _____
2) _____ FS test level _____ USFS # _____
3) _____ FS test level _____ USFS # _____
4) _____ FS test level _____ USFS # _____
5) _____ FS test level _____ USFS # _____

Please Use a Separate form for EACH Team

SMALL GROUP SHOWCASE

TEAM COMPULSORY MOVES

() No-Test

() Preliminary

() Intermediate

() Open

() No Test

() Preliminary

() Intermediate

() Open

THEME: _____

Only one team entry form per team should to be submitted. One team Member should enter the entire team / group on Entryeeze.

Even if a skater is not entering other individual events, they must complete an individual registration.
Mark Small Group Showcase

Skaters may compete on only **ONE** small group Showcase team.

Skaters may compete on as many Compulsory Moves teams as they qualify for by test level. They may compete on only ONE team per level.

Closing date: December 16, 2019

Late Fee: If entered after December 16, 2019 - \$25

Entry through Entryeeze link at www.scnh.org

2020 Mohawk Valley / Compete USA
Basic Skills Elements – Entry Form
Saturday, January 11, 2020

Skater's Name _____ Birthdate _____ Age _____
Address _____
Phone _____ e-mail _____ Gender: M / F
Home Club _____ USFS# or SKATE Canada # _____
Highest Test Passed: Basic Skills _____

LTS Basic Skills or Basic Freeskate skaters may register for other events as qualified by their test level. (Showcase, , Freeskate: Excel, Well-Balanced, LTS Basic Program with Music, Compulsory Spins, Compulsory Jumps, Small Group Showcase, Team Compulsory Moves, Solo Dance). Registration for THOSE events must be completed on the appropriate form.

Skaters registered for LTS Basic Skills or Basic Free skate Compulsory Elements events may **NOT** register for Singles Compulsory Moves.

Please enter me in the following Basic Compulsory Elements Event

LTS Snowplow Sam – Basic 6
Basic Elements Event

_____ Snowplow Sam
_____ Basic 1
_____ Basic 2
_____ Basic 3
_____ Basic 4
_____ Basic 5
_____ Basic 6

LTS Basic Free Skate 1-3
Compulsory Elements Event

_____ Badge Pre-Freeskate
_____ Badge Freeskate 1
_____ Badge Freeskate 2
_____ Badge Freeskate 3

Skaters who wish to also register for the LTS Basic Program with Music events must complete the appropriate standard form. Skaters choosing to compete in the LTS Basic Program with Music events may **NOT** also register for Excel or Well-Balanced Free skate events.

Entry Fees: \$30 Basic Skills and Basic Freeskate Basic Elements event, **ENTRY FEES:** \$ _____
Late Fee: after December 16, 2019, \$25 **LATE TOTAL:** \$ _____
Late entries accepted only at the discretion of the committee **TOTAL:** \$ _____

Certificate of Eligibility: T7 the best of my knowledge, the above skater is an amateur, eligible to enter the events indicated above, and a member in good standing of this club.

Club Officer _____ **Title** _____ **Date** _____
Signature of Professional _____ **USFS #** _____ **Date** _____
Professional's Phone _____ **e-mail** _____

Waiver of Responsibility: Each competitor, family, and coach holds the Skating Club of New Hartford, any representatives of such, and US Figure Skating officials harmless from any and all liability for injuries and from any and all liability for damage or loss of property. Entries are accepted only on such conditions.

Signature of Skater _____ **Date** _____

Signature of Parent / guardian (if under 18) _____ **Date** _____

Closing date: December 16, 2019

Entry through Entryeze link at www.scnh.org